



February 2025

*I am secure in his Love*

2025 Glow up Bible study  
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January 2025

I am secure in his Love

## Day 1: John 3:16

## Day 2: 1 Cor 13:1-3

## Day 3: Romans 5:8

## Day 4: 1 John 4:7-8

## Day 5: Ephesians 2:4-5

## Day 6: 1 John 4:18-19

## Day 7: Matthew 22:37-39

## Day 8: Romans 13:8

## Day 9: 1 Cor 13:4-7

## Day 10: John 15:13

## Day 11: Proverbs 10:12

## Day 12: 1 Peter 4:8

## Day 13: 1 Cor 16:14

## Day 14: Colossians 3:14

## Day 15: 1 John 4:9-11

## Day 16: Ephesians 5:1-2

Day 17: Galatians 5:22-23

## Day18: Song of Solomon 8:6-7

## Day 19: 1 John 3:1

## Day 20: Romans 8:35-39

## Day 21: Matthew 5:43-48

## Day 22: John 13:34-35

## Day 23: Proverbs 17:17

## Day 24: 1 Peter 1:22

## Day 25: Romans 12:9-10

## Day 26: 1 John 4:12

## Day 27: 2 Thess 3:5

## Day 28: 1 John 3:16-18

## Day 29: Jude 1:21

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## Week 1: The Foundation - God's Love is Unshakable

📖 Scripture: Romans 8:38-39 (AMP)

"For I am convinced [and continue to be convinced] that neither death, nor life, nor angels, nor principalities, nor things present and threatening, nor things to come, nor powers, nor height, nor depth, nor any other created thing, will be able to separate us from the [unlimited] love of God, which is in Christ Jesus our Lord."

💡 Reflection:

- God's love isn't temporary or conditional. Nothing—not our past mistakes, fears, or failures—can separate us from His love.
- When we stand firm in this truth, we stop striving for approval and live from a place of security, not insecurity.
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🙏 Prayer:

"Lord, help me to truly believe that Your love for me is unshakable. Remove any doubts or fears that make me question my worth. Let me rest in the security of being fully known and fully loved by You. Amen."

✨ Journal Prompt:

- Write down any fears or insecurities that have made you doubt God's love. Surrender them to Him today.

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## Week 2: Declaring God's Love Over Our Lives

📖 Scripture: Zephaniah 3:17 (NIV)

"The Lord your God is with you, the Mighty Warrior who saves. He will take great delight in you; in His love, He will no longer rebuke you but will rejoice over you with singing."

💡 Reflection:

- God delights in you. His love isn't just something He gives—it's something He celebrates over you!
- When we receive God's love in every area of our lives, we stop seeking approval from people and live freely as who He made us to be.

### 🔥 10 Declarations of God's Love Over My Life:

- 1 **God loves my personality**—He created me with intentionality and purpose. (Psalm 139:13-14)
- 2 **God loves my strengths and my weaknesses**—His power is made perfect in me. (2 Corinthians 12:9)
- 3 **God loves my mind**—He fills me with wisdom and peace. (Isaiah 26:3)
- 4 **God loves my body**—I am fearfully and wonderfully made. (Psalm 139:14)
- 5 **God loves my emotions**—He understands me and cares about my heart. (Psalm 34:18)
- 6 **God loves my dreams**—He has plans to prosper me and give me hope. (Jeremiah 29:11)
- 7 **God loves my past**—He redeems and restores all things for my good. (Romans 8:28)
- 8 **God loves my relationships**—He teaches me to love others as He loves me. (John 13:34)
- 9 **God loves my calling**—He has chosen me for a purpose. (Ephesians 2:10)
- 10 **God loves me unconditionally**—nothing can separate me from His love. (Romans 8:39)

🙏 Prayer:

"Father, thank You for loving every part of me. Help me to see myself the way You do and embrace Your love fully. Let me be a reflection of that love to those around me. Amen."

✨ Journal Prompt:

- Which of these declarations do you struggle to believe? Write down why, and ask God to reveal His truth to you.



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## Week 3: Because We Are Loved, We Can Love Others

📖 Scripture: 1 John 4:19 (NIV)

"We love because He first loved us."

### 💡 Reflection:

- When we are secure in God's love, we don't love out of emptiness but overflow.
- Love is more than a feeling—it's an action. When we live from a place of security, we can love freely, without expecting anything in return.

### 💬 Practical Ways to Love Others Well:

1. Be present – Give your full attention to those around you.
2. Speak life – Use words that encourage, not tear down.
3. Forgive quickly – Holding onto offense keeps you stuck; releasing it sets you free.
4. Serve joyfully – Love isn't about what we get, but what we give.
5. Pray for people – The best way to love someone is to lift them up in prayer.
- 6.

### 🙏 Prayer:

"God, let my life be an overflow of Your love. Show me how to love others with patience, kindness, and generosity. Amen."

### ✨ Journal Prompt:

Write down one practical way you can love someone this week.



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## Week 4: Walking in Love Daily

📖 Scripture: Colossians 3:14 (NIV)

"And over all these virtues put on love, which binds them all together in perfect unity."

### 💡 Reflection:

- Walking in love isn't a one-time choice; it's a daily decision.
- When we choose love over offense, patience over frustration, and kindness over judgment, we reflect Jesus to the world.
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### 🔥 Challenge: The "Secure in Love" Test

Ask yourself these questions daily:

- ✓ Am I living from a place of security in God's love?
- ✓ Am I choosing love in my words and actions?
- ✓ Am I extending grace the way God extends it to me?

### 🙏 Prayer:

"Lord, help me to walk in love every single day. Let my actions and words reflect Your kindness and grace. Amen."

### ✨ Journal Prompt:

- What is one area where you struggle to show love? How can you invite God into that area this week?
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### Final Thought:

Being secure in love means knowing that nothing can separate us from God's love—and because of that, we can love others without fear. This month, let's walk in that truth and reflect His love to the world.

🚀 Save this study, share it with a friend, and let's glow up together! ❤️✨

